

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
31	1 September	2 September	3 September	4 September	1	2
9.30am Zumba Exercises 10.00am Tea & Chat 10.45am Resident Sing Along 11.00am Bocce 2.00pm Musical Andre Rieu - The 100 Greatest Moments 2.15pm Bridge Level 1	9.30am Gentle Exercises 10.00am Tea & Chat 10.45am Board Games 10.45am Exercise - Fast & Slow Walk 1.00pm Swimming 2.00pm Wine, Cheese & Pamper	9.30am Gentle Exercises 10.00am Tea & Chat 10.45am Market Day 11.00am Gardening 11.15am Word Search & Quiz 2.00pm Happy Hour with Roz Online Shopping	9.30am Gentle Exercises 10.00am High Tea in Piazza or Reflections 11.00am Quoits 1.00pm Swimming 2.00pm Ten Pin Bowling	9.30am Gentle Exercises 10.00am Tea & Chat 10.45am Putt Putt Golf 10.45am Exercise Walk 2.30pm Arm Chair Travel - Mexico 2.30pm 1:1 on Levels 2.30pm Men's Shed	9.30am Breathing Exercises & Meditation 10.00am Tea & Chat 10.45am Scattergories 10.45am Ball Activities 2.00pm Movie: Downton Abbey or To the Manor Born 2.00pm Bingo	9.30am Zumba Exercises 10.00am Tea & Chat 10.30am Catholic Church 11.00am Words within a Word & Find A Word 2.00pm Movie: Something's Gotta Give - Jack Nicholson & Diane Keaton
3	4	5	6	7	8	9
9.30am Zumba Exercises 10.00am Tea & Chat 10.45am Resident Sing Along 11.00am Bocce 2.00pm Musical Andre Rieu - The 100 Greatest Moments 2.15pm Bridge Level 1	9.30am Gentle Exercises 10.00am Tea & Chat In Piazza 11.00am Exercise - Fast & Slow Walk 1.00pm Swimming 2.00pm Wine, Cheese & Pamper	9.30am Gentle Exercises 10.00am Tea & Chat 10.00am Resident Focus Meeting 10.45am Market Day 11.00am Gardening 11.15am Find a Word & Quiz 2.00pm Happy Hour with Roz Online Shopping	9.30am Gentle Exercises 10.00am High Tea in Piazza 11.00am Han's Entertainer Outside Reflections 1.00pm Swimming 2.00pm Ten Pin Bowling	9.30am Gentle Exercises 10.00am Tea & Chat 10.45am Putt Putt Golf 10.45am Exercise Walk 2.00pm Walk in Piazza /Sun 2.45pm National Geographic Space Documentary 2.30pm 1:1 on Levels	9.30am Breathing Exercises & Meditation 10.00am Tea & Chat 10.45am Quiz Games 10.45am Ball Activities 2.00pm Movie - Downton Abbey or To the Manor Born 2.00pm Bingo	9.30am Zumba Exercises 10.00am Tea & Chat 10.30am Catholic Church 11.00am Words within a Word & Find A Word 2.00pm Movie: The Fabulous Baker Boys - Michelle Pfeiffer & Jeff Bridges
10	11	12	13	14 Royal Show Pub. Hol	15 Ferragosto Day	16
9.30am Zumba Exercises 10.00am Tea & Chat 10.45am Resident Sing Along 11.00am Bocce 1.00pm Ice Cream Cart 2.00pm Musical Bette Midler - Diva Las Vegas 2.15pm Bridge Level 1	9.30am Gentle Exercises 10.00am Tea & Chat 10.30am Music Therapy SCS 10.30 am Menu Feedback 11.15am Board Games 1.00pm Swimming 2.00pm Wine, Cheese & Pamper	9.30am Gentle Exercises 10.00am Tea & Chat - Level 2 11.00am Find a Word & Quiz 11.15am Gardening 1.30pm Police Pipe Band 2.30pm Happy Hour - Bring a Special Treasure Online Shopping	9.30am Gentle Exercises 10.00am Tea & Chat 10.00am Baby Animals, Stalls and Activities - Show Day 1.00pm Swimming 2.00pm Ten Pin Bowling	9.30am Gentle Exercises 10.00am Tea & Chat 10.45am Putt Putt Golf 10.45am Exercise Walk 2.30pm Arm Chair Travel - Turkey 2.30pm Men's Shed or 1:1 on Levels	9.30am Breathing Exercises & Meditation 10.00am Tea & Chat 10.45am Scattergories 10.45am Ball Activities 2.00pm Movie: Downton Abbey or To the Manor Born 2.00pm Bingo	9.30am Zumba Exercises 10.00am Tea & Chat 10.30am Catholic Church 11.00am Words within a Word & Find A Word 2.00pm Movie: The Man From Snowy River - Jack Thompson
17 Qld Seniors Week	18	19	20	21	22	23
9.30am Zumba Exercises 10.00am Tea & Chat 10.45am Resident Sing Along 11.00am Bocce 2.00pm Musical Andre Rieu The 100 Greatest Moments 2.15pm Bridge Level 1	9.30am Gentle Exercises 10.00am Tea & Chat 10.45am Debbie Entertainer - Playing outside Reflections 1.00pm Swimming 2.00pm Wine, Cheese & Pamper	9.30am Gentle Exercises 10.00am Tea & Chat 10.45am Ecumenical Church Playing outside Reflections 10.45am Market Day 11.00am Gardening 11.15am Find a Word & Quiz 2.00pm Happy Hour with Roz Online Shopping	9.30am Gentle Exercises 10.00am High Tea in Piazza 11.00am Catholic Service 11.00am Quoits 1.00pm Swimming 2.00pm Ten Pin Bowling	9.30am Gentle Exercises 10.00am Tea & Chat 10.45am Putt Putt Golf 10.45am Exercise Walk 2.30pm National Geographic Documentary - Volcanoes 2.30pm 1:1 on Levels	9.30am Breathing Exercises & Meditation 10.00am Tea & Chat 10.45am Quiz Games 10.45am Ball Activities 2.00pm Movie - Downton Abbey or To the Manor Born 2.00pm Bingo	9.30am Zumba Exercises 10.00am Tea & Chat 10.30am Catholic Church 11.00am Words within a Word & Find A Word 2.00pm Movie: Changing Hearts - Lauren Holly & Faye Dunaway
24	25	26 Resident Meeting	27	28 Daffodil Day	29	30
9.30am Zumba Exercises 10.00am Tea & Chat 10.45am Resident Sing Along 11.00am Bocce 1.00pm Ice Cream Cart 2.00pm Musical The Royal Edinburgh Military Tattoo 2.15pm Bridge Level 1	9.30am Gentle Exercises 10.00am Tea & Chat 10.30am Music Therapy SCS 10.45am Craft - Mask Making 10.45am Exercise Walk 1.00pm Swimming 2.00pm Wine, Cheese & Pamper	9.30am Gentle Exercises 10.00am Tea & Chat - with Monthly Birthday Cake 10.30am Resident Meeting 11.15am Find a Word & Quiz 11.45am Sea Grill Luncheon 2.00pm Happy Hour - Best Masquerade Mask Online Shopping	9.30am Gentle Exercises 10.00am Morning Tea & Chat 10.30am Table Games 11.15am Gardening 1.00pm Swimming 2.00pm Ten Pin Bowling	9.30am Gentle Exercises 10.00am Tea & Chat 10.45am Putt Putt Golf 10.45am Exercise Walk 2.30pm Arm Chair Travel - India 2.30pm Men's Shed - wear yellow or 1:1 on Levels	9.30am Breathing Exercises & Meditation 10.00am Tea & Chat 10.45am Scattergories 10.45am Ball Activities 2.00pm Movie: Downton Abbey or To the Manor Born 2.00pm Bingo	9.30am Zumba Exercises 10.00am Tea & Chat 10.30am Catholic Church 11.00am Words within a Word & Find A Word 2.00pm Movie: Charade - Audrey Hepburn