

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
27 Australia Day Holiday	28 January	29 January	30 January	31 January	1	2
9.30am Zumba Exercises 10.00am Tea & Chat 11.00am Bocce 2.00pm Bridge Club Lounge 2.00pm Musical: The Sapphires	9.30am Gentle Exercises 10.00am Tea & Chat 10.30am Round Robin Basket Ball, Quoits & More 1.00pm Swimming 2.00pm Bible Study 2.30pm Andre Rieu Roses from the South	9.30am Gentle Exercises 10.00am Tea & Chat 10.30am Table Games 11.30am Sea Grill Luncheon 2.30pm Happy Hour with Roz	9.30am Gentle Exercises 9.30am Shopping Toombul 10.00am Tea & Chat 10.30am Table Games 1.00pm Swimming 2.00pm Ten Pin Bowling	9.30am Gentle Exercises 10.00am Tea & Chat 10.30am Putt Putt Golf 11.00am Aqua Fitness 2.30pm Ladies Pamper Tea & Chat 2.30pm Men's Shed	9.30am Breathing Exercises & Meditation 10.00am Tea & Chat 10.30am Fact or Fiction Games 2.00pm Afternoon Movie: As Time Goes By 2.30pm Bingo	9.30am Zumba Exercises 10.00am Tea & Chat 10.30am Mass / Eucharist 11.00am Word Games 2.00pm Afternoon Movie: One Fine Day
3	4	5	6	7	8	9
9.30am Zumba Exercises 10.00am Tea & Chat 10.30am Resident & Staff Choir Rehearsal 11.15am Bocce 2.00pm Bridge Club Lounge 2.00pm Musical: Michael Bubl�	9.30am Visit from Hamilton Childcare 10.00am Tea & Chat 10.30am Table Games 11:00am City Hall: That'll be the Day Buddy Holly & Friends 1.00pm Swimming 2.00pm Bible Study 2.30pm Punchline with Matty	9.30am Gentle Exercises 10.00am Tea & Chat 10.30am Morning Tea at Nudgee Club Lounge 10.30am Heart Decoration Making for Valentines Day 2.30pm Happy Hour	9.30am Gentle Exercises 9.30am Outing: Dementia Art Gallery 10.00am Tea & Chat 10.30am Table Games 1.00pm Swimming 2.00pm Ten Pin Bowling	9.30am Gentle Exercises 10.00am Tea & Chat 10.30am Putt Putt Golf 2.30pm National Geographic: Great Barrier Reef	9.30am Breathing Exercises & Meditation 10.00am Tea & Chat 10.30am Visit from Zonta Ladies - Pamper & Chat 2.00pm Afternoon Movie: As Time Goes By 2.30pm Bingo	9.30am Zumba Exercises 10.00am Tea & Chat 10.30am Mass / Eucharist 11.00am Word Games 2.00pm Afternoon Movie: The Truth about Cats & Dogs
10	11	12	13	14 Valentines Day	15	16
9.30am Zumba Exercises 10.00am Tea & Chat 10.30am Resident & Staff Choir Rehearsal 11.15am Bocce 2.00pm Bridge Club Lounge 2.00pm Musical: Keith Urban	9.30am Gentle Exercises 10.00am Tea & Chat 10.30am Cards 11:00am City Hall: Souled Out 1.00pm Swimming 2.00pm Bible Study 2.30pm Table Games	9.30am Gentle Exercises 9.30am Shopping - Toombul 10.00am Tea & Chat 10.30am Table Games 2.30pm Happy Hour with Janet	9.30am Gentle Exercises 10.00am Tea & Chat 10.30am Mystery Morning 1.00pm Swimming 2.00pm Ten Pin Bowling	9.30am Gentle Exercises 10.00am Tea & Chat 10.30am Putt Putt Golf 11.00am Aqua Fitness 2.30pm Ladies Pamper & Chat 2.30pm Men's Shed	9.30am Breathing Exercises & Meditation 10.00am Tea & Chat 10.30am Scattergories 2.00pm Afternoon Movie: As Time Goes By 2.30pm Bingo	9.30am Zumba Exercises 10.00am Tea & Chat 10.30am Mass / Eucharist 11.00am Word Games 2.00pm Afternoon Movie: Someone Like You
17	18	19	20	21	22	23
9.30am Zumba Exercises 10.00am Tea & Chat 10.30am Resident & Staff Choir Rehearsal 11.15am Bocce 2.00pm Bridge Club Lounge 2.00pm Musical Andre Rieu: Wonderful World	9.30am Gentle Exercises 10.00am Tea & Chat 10.30am Cards 11:00am City Hall: Life of a Composer 1.00pm Swimming 2.00pm Bible Study 2.30pm Table Games	9.30am Gentle Exercises 10.00am Tea & Chat 10.30am Italian Luncheon 10.30am Ecumenical Service/ or Cards 2.30pm Happy Hour	9.30am Gentle Exercises 10.00am Tea & Chat 10.30am Table Games 11.00am Catholic Church 1.00pm Swimming 2.00pm Ten Pin Bowling	9.30am Gentle Exercises 10.00am Tea & Chat 10.30am Putt Putt Golf 1.30pm Afternoon Tea: Understanding Dementia	9.30am Breathing Exercises & Meditation 10.00am Tea & Chat 10.30am Fact or Fiction Games 2.00pm Afternoon Movie: As Time Goes By 2.30pm Bingo	9.30am Zumba Exercises 10.00am Tea & Chat 10.30am Mass / Eucharist 11.00am Word Games 2.00pm Afternoon Movie: Life or Something Like it
24	25 Shrove Tuesday	26 Ash Wednesday	27	28	29	1 March
9.30am Zumba Exercises 10.00am Tea & Chat 10.30am Resident & Staff Choir Rehearsal 11.15am Bocce 2.00pm Bridge Club Lounge 2.00pm Musical John Farnham & Tom Jones	9.30am Gentle Exercises 10.00am Tea & Chat 10.30am Cards 11:00am City Hall: Asleep at the Reel 1.00pm Swimming 2.00pm Bible Study 2.30pm Table Games	9.30am Gentle Exercises 10.00am Tea & Chat 10.30am Residents & Families Meeting 2.30pm Happy Hour with Roz	9.30am Gentle Exercises 9.30am Shopping - Toombul 10.00am Tea & Chat 10.30am Table Games 1.00pm Swimming 2.00pm Ten Pin Bowling	9.30am Gentle Exercises 10.00am Tea & Chat 10.30am Putt Putt Golf 11.00am Aqua Fitness 2.30pm National Geographic: Adventures Across Canada	9.30am Breathing Exercises & Meditation 10.00am Tea & Chat 10.30am Scattergories 2.00pm Afternoon Movie: As Time Goes By 2.30pm Bingo	9.30am Zumba Exercises 10.00am Tea & Chat 10.30am Mass / Eucharist 11.00am Word Games 2.00pm Afternoon Movie: Picture Perfect