

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	30	1 Staff Meeting	2 Oktoberfest	3	4 World Animal Day	5	6
40	9.30am Zumba Exercises 10.00am Morning Tea & Chat 10.30am Resident & Staff Choir Rehearsal 11.15am Bocce 2.00pm Musical - K.D. Lang Live	9.30am Hamilton House Childcare Children Visit 10.00am Morning Tea & Chat 10.30am Cards 11:15am City Hall The 8 Tracks Vocals & Saxophone 1.00pm Swimming 2.00pm Table Games	9.30am Gentle Exercises 10.00am Morning Tea & Chat 10.30am Mystery Walk 10.30am Arts /Craft 2.00pm Happy Hour Oktoberfest Celebrations	9.30am Gentle Exercises 9.30am Shopping Toombul 10.00am Morning Tea & Chat 10.30am Table Games 1.00pm Swimming 2.00pm Ten Pin Bowling	9.30am Gentle Exercises 10.00am Special Morning Tea (Selena's Send Off) 10.30am Putt Putt Golf 2.30pm National Geographic Pandas	9.30am Breathing Exercises & Meditation 10.00am Morning Tea & Chat 10.30am Fact or Fiction Games 2.30pm Bingo	9.30am Zumba Exercises 10.00am Morning Tea & Chat 10.30am Eucharist 11.00am Word Game 2.00pm Movie The In Laws - Michael Douglas
	7 Queens B'day P/H	8	9 Portia	10	11 Gardening SCS	12 Zonta Visit	13
41	9.30am Zumba Exercises 10.00am Morning Tea & Chat 10.30am Resident & Staff Choir Rehearsal 11.15am Bocce 2.00pm Musical Eagles Concert	9.30am Gentle Exercises 10.00am Morning Tea & Chat 10.30am Pamper & Chat 11:15am City Hall Aussie Ukulele Show 1.00pm Swimming 2.30pm Anita Reflections	9.30am Gentle Exercises 9.30am Shopping Toombul 10.00am Morning Tea & Chat 10.30am Morning Walk 2.15pm Happy Hour with Roz Entertainer	9.30am Gentle Exercises 9.30am Dementia Art Gallery 10.00am Morning Tea & Chat 10.30am Table Games 1.00pm Swimming 2.00pm Ten Pin Bowling	9.30am Gentle Exercises 10.00am Morning Tea & Chat 10.30am Putt Putt Golf 11.00am Aqua Fitness 1.30pm Art with Josephina 2.30pm Men's Shed	9.30am Breathing Exercises & Meditation 10.00am Morning Tea & Chat 10.30am Pamper & Chat with the Zonta Ladies 2.30pm Bingo	9.30am Zumba Exercises 10.00am Morning Tea & Chat 10.00am Mass/Eucharist 11.00am Word Game 2.00pm Movie Swelter - Jean Claude Van Damme
	14	15	16 Portia	17	18 Gardening SCS	19	20
42	9.30am Zumba Exercises 10.00am Morning Tea & Chat 10.30am Resident & Staff Choir Rehearsal 11.15am Bocce 2.00pm Musical Andre Rieu Schonbrunn	9.30am Gentle Exercises 10.00am Morning Tea & Chat 10.30am Table Games 11:15am City Hall Twilight on the Trail 1.00pm Swimming 2.00pm Table Games	9.30am Gentle Exercises 10.00am Morning Tea & Chat 10.30am Italian Luncheon 10.30am Ecumenical Service/ or Cards 2.30pm Happy Hour	9.30am Gentle Exercises 10.00am Morning Tea & Chat 10.30am Table Games 11.00am Catholic Church 1.00pm Swimming 2.00pm Ten Pin Bowling	9.30am Gentle Exercises 10.00am Morning Tea & Chat 10.30am Putt Putt Golf 2.30pm National Geographic Dinosaurs Uncovered	9.30am Breathing Exercises & Meditation 10.00am Morning Tea & Chat 10.30am Ascot State School Performance 2.30pm Bingo	9.30am Zumba Exercises 10.00am Morning Tea & Chat 10.30am Eucharist 11.00am Word Game 2.00pm Movie When in Rome - Kristen Bell & Josh Duhamel
	21 Quality Meeting	22	23 Portia	24	25 Gardening SCS	26	27 Grandparents Day
43	9.30am Zumba Exercises 10.00am Morning Tea & Chat 10.30am Resident & Staff Choir Rehearsal 11.15am Bocce 2.00pm Musical The Ten Tenors	9.30am Gentle Exercises 10.00am Morning Tea & Chat 10.30am Table Games 11:15am City Hall Organ Duet 1.00pm Swimming 2.00pm Table Games 2.30pm Anita Reflections	9.30am Gentle Exercises 10.00am Morning Tea & Chat 10.30am Residents & Families Meeting 2.15pm Happy Hour Steve Redford	9.30am Gentle Exercises 9.30am Shopping Toombul 10.00am Morning Tea & Chat 10.30am Table Games 1.00pm Swimming 2.00pm Ten Pin Bowling	9.30am Gentle Exercises 10.00am Morning Tea & Chat 10.30am Putt Putt Golf 11.00am Aqua Fitness 2.30pm Ladies Pamper Tea & Chat /or Art 2.30pm Men's Shed	9.30am Breathing Exercises & Meditation 10.00am Morning Tea & Chat 10.30am Fact or Fiction Games 2.30pm Bingo	9.30am Zumba Exercises 10.00am Morning Tea & Chat 10.00am Mass/Eucharist 11.00am Word Game 2.00pm Movie Cat on a Hot Tin Roof - Elizabeth Taylor & Paul Newman
	28	29	30 Portia	31 Halloween	1 Gardening SCS	2	3
44	9.30am Zumba Exercises 10.00am Morning Tea & Chat 10.30am Resident & Staff Choir Rehearsal 11.15am Bocce 2.00pm Musical Spirit of the Tattoo	9.30am Gentle Exercises 10.00am Morning Tea & Chat 10.30am Pamper & Chat 11:15am City Hall Indie Star Paris Irwin Vocals 1.00pm Swimming 2.30pm Anita Reflections	9.30am Gentle Exercises 10.00am Morning Tea & Chat 11.30am Sea Grill Luncheon 2.30pm Happy Hour Halloween Drinks	9.30am Gentle Exercises 10.00am Morning Tea & Chat 10.30am Paul Clarke Entertainer Reflections 1.00pm Swimming 2.00pm Ten Pin Bowling	9.30am Gentle Exercises 10.00am Morning Tea & Chat 10.30am Putt Putt Golf 2.30pm National Geographic Swamp Tigers	9.30am Breathing Exercises & Meditation 10.00am Morning Tea & Chat 10.30am Fact or Fiction Games 2.30pm Bingo	9.30am Zumba Exercises 10.00am Morning Tea & Chat 10.30am Eucharist 11.00am Word Game 2.00pm Movie - To Be Confirmed